

Suicide Facts & Figures:

Minnesota 2018*



On average, one person dies by suicide every 12 hours in the state.

Nearly six times as many people die by suicide in Minnesota annually than by homicide.

The total deaths to suicide reflect a total of 15,857 years of potential life lost (YPLL) before age 65.



Suicide cost Minnesota a total of **\$749,527,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,236,843 per suicide death.**

*Based on most recent 2016 data from CDC. Learn more at afsp.org/statistics.



8th leading cause of death in Minnesota

2nd leading

cause of death for ages 15-34

4th leading

cause of death for ages 35-54

7th leading

cause of death for ages 55-64

17th leading

cause of death for ages 65 & older

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Minnesota	745	13.18	35
Nationally	44,965	13.42	

Suicide Facts & Figures: Minnesota 2018

Suicide Prevention Programs and Initiatives

- Minnesota's Suicide Prevention Program (SPP) is housed within the MN Department of Health (MDH) Injury and Violence Prevention unit; see <http://www.health.state.mn.us/injury/topic/suicide/>. State funding for the program is appropriated by the Legislature. SPP supports and coordinates the state suicide prevention plan and related activities, and provides technical assistance and data to support community-based prevention programs.
- Minnesota law (§ 145.56, subd. 1) directs MDH, in collaboration with others to implement the state suicide prevention plan. In 2015, the Minnesota Suicide Prevention Planning Taskforce, a public-private partnership co-chaired by MDH and Suicide Awareness Voices of Education (SAVE), released the Minnesota State Suicide Prevention Plan Goals and Objectives for Action 2015 - 2020, see <http://www.health.state.mn.us/injury/pub/SuicidePreventionStatePlan2015.pdf>.
- Minnesota law (§ 145.56 subd. 2-5) directs the health commissioner to: establish a grant program to fund community-based programs; promote the use of employee assistance and workplace programs to support employees with mental health and substance use conditions; provide training and technical assistance to local public health and community-based professionals; coordinate with other agencies to issue annual public reports on suicide and suicidal behavior; and evaluate the impact of and outcomes from implementation of the state plan. In accordance with this law, MDH released in May 2016 the Legislative Report: Suicide-Related Data Plan Improving the Timeliness, Usefulness, and Quality of Data; see <http://www.health.state.mn.us/divs/healthimprovement/content/documents/SuicideLegislativeDataReport.pdf>.

Get Involved

The **AFSP Minnesota Chapters** bring together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Minnesota
minnesota@afsp.org

Become an Advocate

AFSP's Minnesota advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!