

Suicide Facts & Figures:

New York 2018*



On average, one person dies by suicide every five hours in the state.

More than twice as many people die by suicide in New York annually than by homicide.

The total deaths to suicide reflect a total of 32,620 years of potential life lost (YPLL) before age 65.



Suicide cost New York a total of **\$1,806,769,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,167,918 per suicide death.**

*Based on most recent 2016 data from CDC. Learn more at afsp.org/statistics.



12th leading cause of death in New York

2nd leading

cause of death for ages 15-34

4th leading

cause of death for ages 35-54

10th leading

cause of death for ages 55-64

18th leading

cause of death for ages 65 & older

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
New York	1,679	8.08	49
Nationally	44,965	13.42	

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Suicide Prevention Programs and Initiatives

- In 2014, New York State's Office of Mental Health (OMH) created the Suicide Prevention Office (SPO) to coordinate all OMH-sponsored suicide prevention activities; see https://www.omh.ny.gov/omhweb/suicide_prevention/. In 2016, the SPO released 1700 Too Many: The 2016-2017 New York State Suicide Prevention Plan focusing on prevention in health and behavioral healthcare settings (i.e. Zero Suicide in NYS); prevention in communities across the lifespan; and suicide surveillance and data collection. See <http://bit.ly/2Gz4Grw>.
- Through the SPO, the OMH funds The Suicide Prevention Center of New York State (SPCNY, <http://www.preventsuicideny.org/>) in an effort to advance and support community-based suicide prevention efforts. Operated by the Research Foundation for Mental Hygiene, SPCNY advances and supports state and local actions via education, training, consultation, and coalition building to reduce suicides and attempts and to promote recovery of persons affected by suicide.
- SPO also partners with the Suicide Prevention-Training, Implementation, and Evaluation (SP-TIE) program of the Center for Practice Innovations at the NYS Psychiatric Institute/ Columbia University Medical Center. SP-TIE provides suicide prevention training geared towards gatekeepers, clinicians, and policy makers; see <http://practiceinnovations.org/I-want-to-learn-about/Suicide-Prevention>.
- New York Mental Hygiene law (§ 41.49) directs OMH to establish and conduct a special grant program for public or private schools and nonprofits to educate the public, and in particular parents, teachers, clergy, health and mental health professionals and adolescents, regarding identification and treatment of youth at-risk for suicide.
- New York Education law (§ 804) clarifies that mental health is to be included as an integral part of health education in NYS schools (A03887, adopted 9/30/16).

Get Involved

The **AFSP New York Chapters** bring together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP New York
newyork@afsp.org

Become an Advocate

AFSP's New York advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!