Suicide Facts & Figures: Oregon 2018*

On average, one person dies by suicide every 11 hours in the state.

More than six times as many people die by suicide in Oregon annually than by homicide.

The total deaths to suicide reflect a total of 13,945 years of potential life lost (YPLL) before age 65.

Suicide cost Oregon a total of $740,356,000 of combined lifetime medical and work loss cost in 2010, or an average of $1,080,811 per suicide death.

*Based on most recent 2016 data from CDC. Learn more at afsp.org/statistics.

Suicide Death Rates

<table>
<thead>
<tr>
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<th>Number of Deaths by Suicide</th>
<th>Rate per 100,000 Population</th>
<th>State Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oregon</td>
<td>772</td>
<td>17.79</td>
<td>16</td>
</tr>
<tr>
<td>Nationally</td>
<td>44,965</td>
<td>13.42</td>
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</tbody>
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8th leading cause of death in Oregon

2nd leading cause of death for ages 15-34
3rd leading cause of death for ages 35-44
8th leading cause of death for ages 55-64
15th leading cause of death for ages 65 & older

2nd leading cause of death for ages 35-44
3rd leading cause of death for ages 35-44
5th leading cause of death for ages 45-54

Leading cause of death in Oregon
Suicide Prevention Programs and Initiatives

- Oregon’s Elder and Youth Suicide Prevention Programs are housed within the Oregon Health Authority, Public Health Division. Both programs provide access to gatekeeper training and compile suicide data and information as a resource to communities.

- Oregon law (ORS §§ 418.731 and 418.733) provides for a Youth Suicide Prevention Coordinator, within the Oregon Health Authority, who facilitates the development of a statewide youth suicide intervention and prevention plan and updates the plan every 5 years, improves outreach, provides technical assistance, coordinates interagency efforts, and reports annually on emergency room admissions for youth suicidal behavior. See the latest Youth Suicide Intervention and Prevention Plan: 2016-2020 (http://bit.ly/2i9jW5O) and the 2017 Youth Suicide Intervention and Prevention Plan Annual Report (https://apps.state.or.us/Forms/Served/le8874c.pdf).

- The Oregon Health Authority currently manages the Caring Connections Youth Suicide Prevention Initiative with funding (2014 to 2019) through a federal Garrett Lee Smith grant.

- The Oregon Older Adult Suicide Prevention Plan: A Call to Action was released by the Oregon Department of Human Services in 2006 and outlines three primary strategies: clinically based prevention; community based prevention; and public health surveillance, program evaluation and research (http://bit.ly/2GzPJWi).

- Oregon law (ORS § 418.735) requires the Oregon Health Authority to develop a plan for communication among local mental health authorities and local systems to improve notifications and information-sharing when suspected suicides involve an individual under age 24. The plan must address community suicide response and post-intervention efforts.

- SB 48 (adopted 6/29/17) requires certain behavioral and physical healthcare providers to report to their licensing boards, at re-licensure, any suicide assessment, treatment and management continuing education they’ve taken, and requires the Oregon Health Authority to develop a list of available continuing education opportunities.

Get Involved

The AFSP Oregon Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. We help fund research, offer educational programs, advocate for public policy and support those affected by suicide.

For more information or to volunteer, please contact:

AFSP Oregon
oregon@afsp.org

Become an Advocate

AFSP’s Oregon advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

Visit afsp.org/advocate to sign up!