

Suicide Data: United States

Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2019 data from the CDC, the most current verified data available at time of publication (January 2021).

47,511 Americans died by suicide making it the **10th leading cause of death**.



- **2nd** leading cause of death for ages 10-34
- **4th** leading cause of death for ages 35-44
- **36.6%** of people who died by suicide were 55 or older



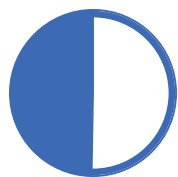
12 million Americans have serious thoughts of suicide.

1.379 million Americans attempted suicide.

54% of Americans have been affected by suicide in some way.

Men died by suicide **3.63x** more often than females.

Females were **1.66x** more likely to attempt suicide.



60.29% of firearm deaths were suicides.

50.39% of all suicides were by firearms.

In 2019, the suicide rate was **1.5x higher for Veterans** than for non-Veteran adults over the age of 18.



90% of those who died by suicide had a diagnosable mental health condition at the time of their death.

Among adults with a diagnosed mental health condition **43.8%** did not receive mental health services in the past year.

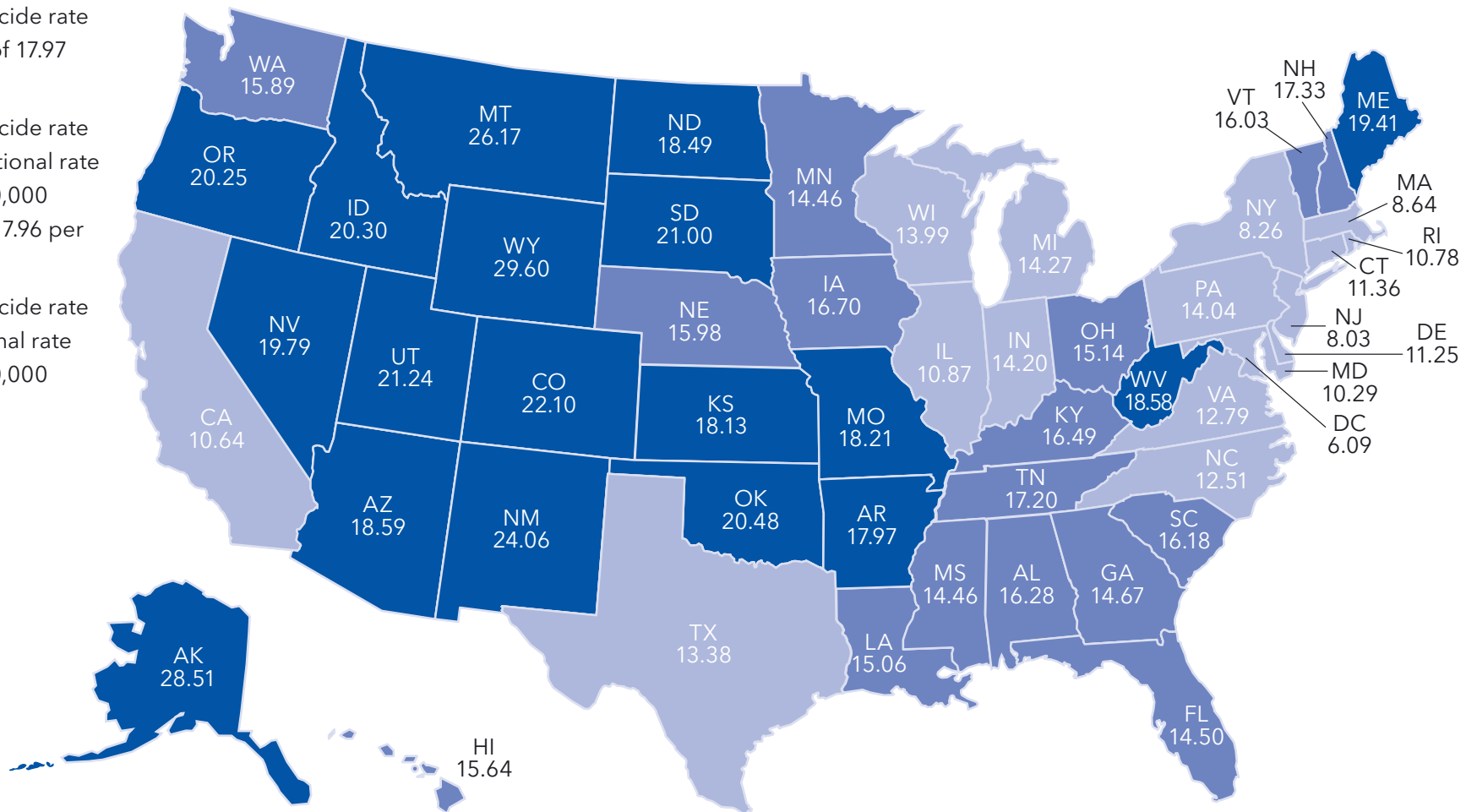
73.1% of the United States did not have enough mental health providers to serve residents in 2020, according to federal guidelines.



See full list of citations at afsp.org/statistics.

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- States with a suicide rate above the rate of 17.97 per 100,000
- States with a suicide rate between the national rate of 14.28 per 100,000 and the rate of 17.96 per 100,000
- States with a suicide rate below the national rate of 14.27 per 100,000



See full list of citations at afsp.org/statistics.