

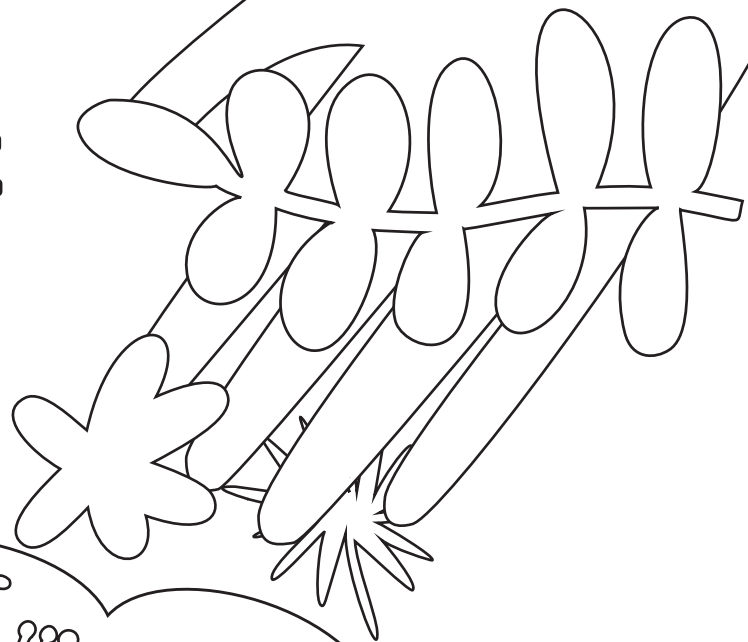




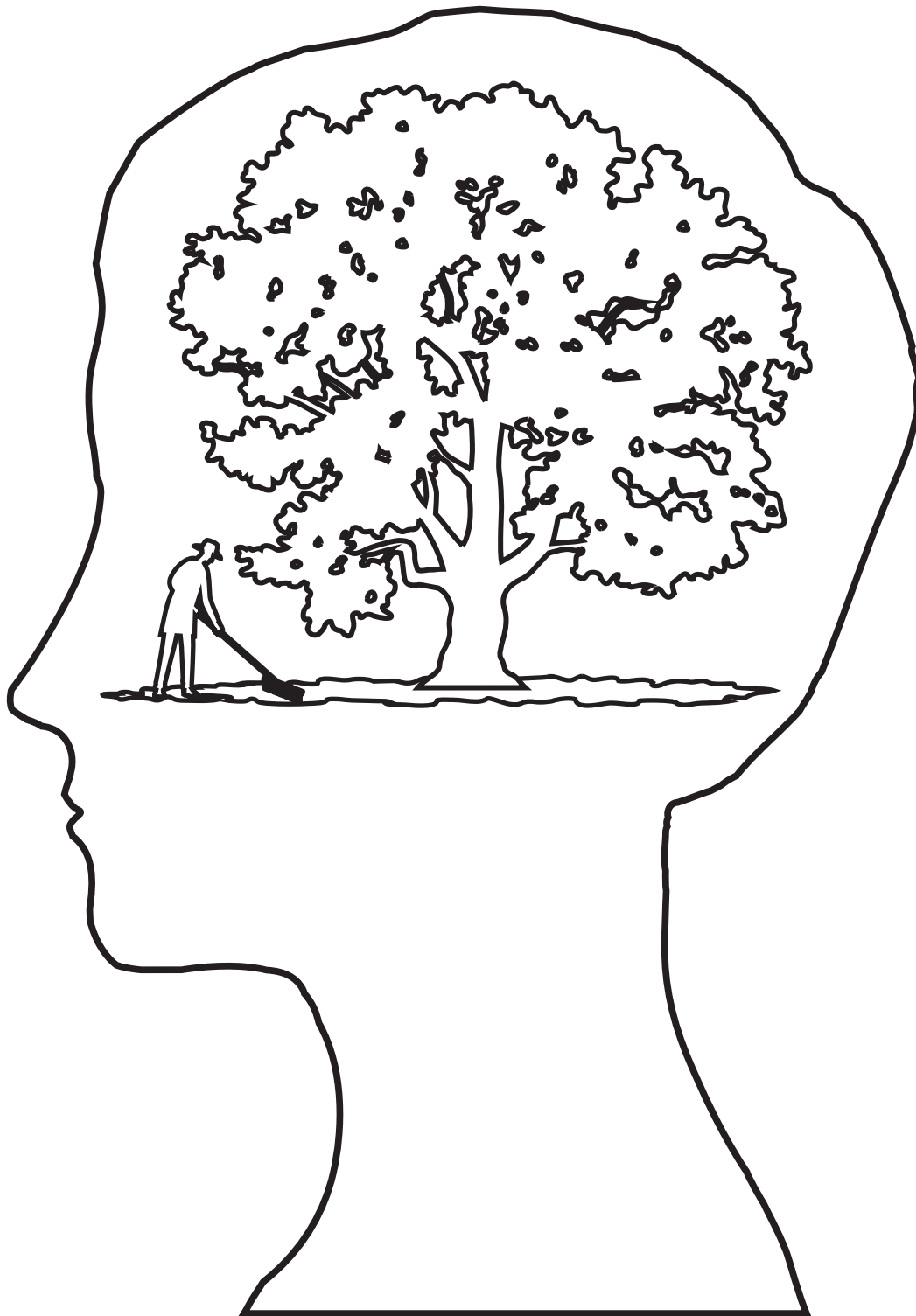
You Are  
Not Alone

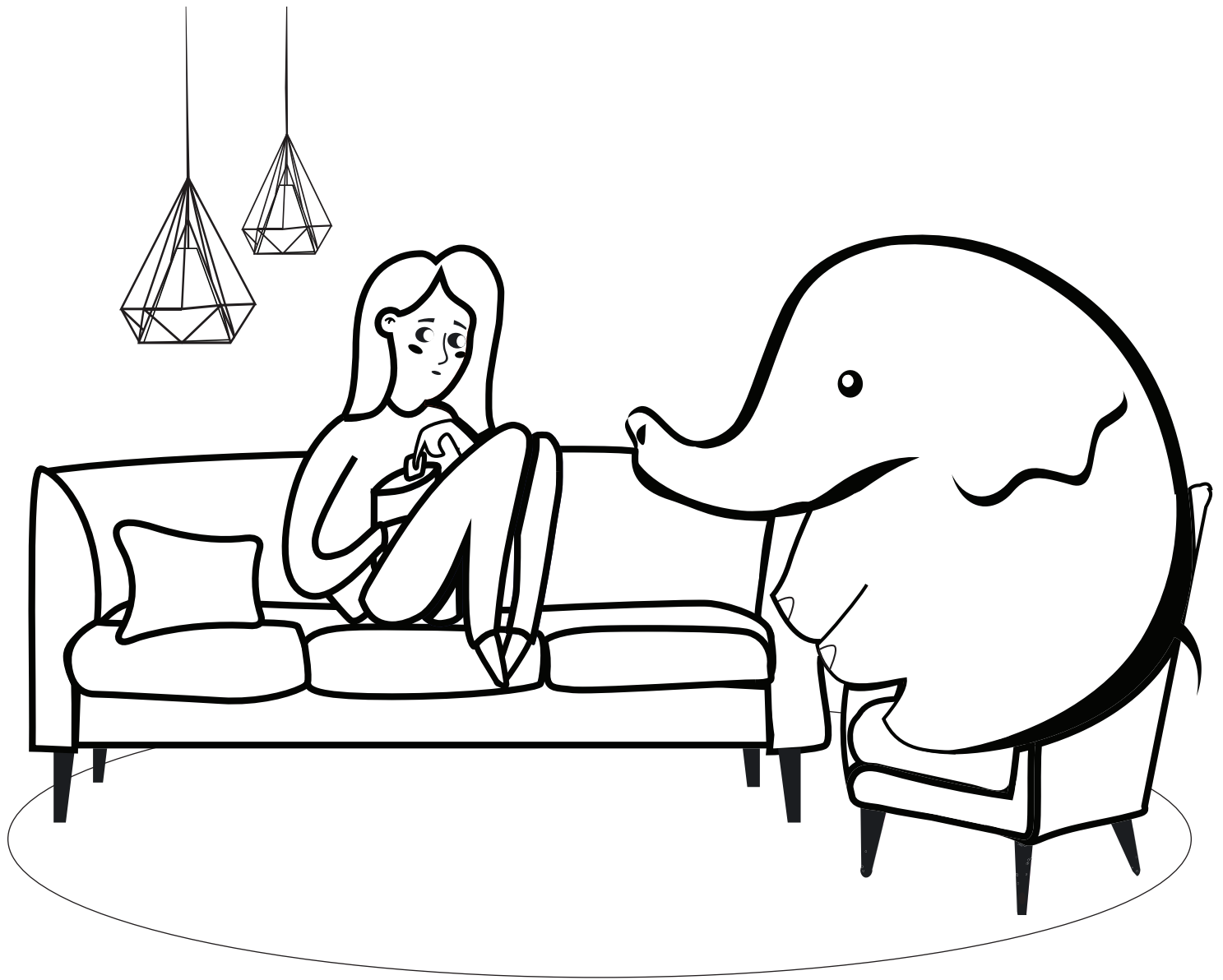


# Let's Create a Culture that's Smarter about Mental Health



# Growth Takes Time





You Don't Have to Avoid  
the Elephant in the Room

#RealConvo



You Can't Have  
the Rainbow  
Without the Rain



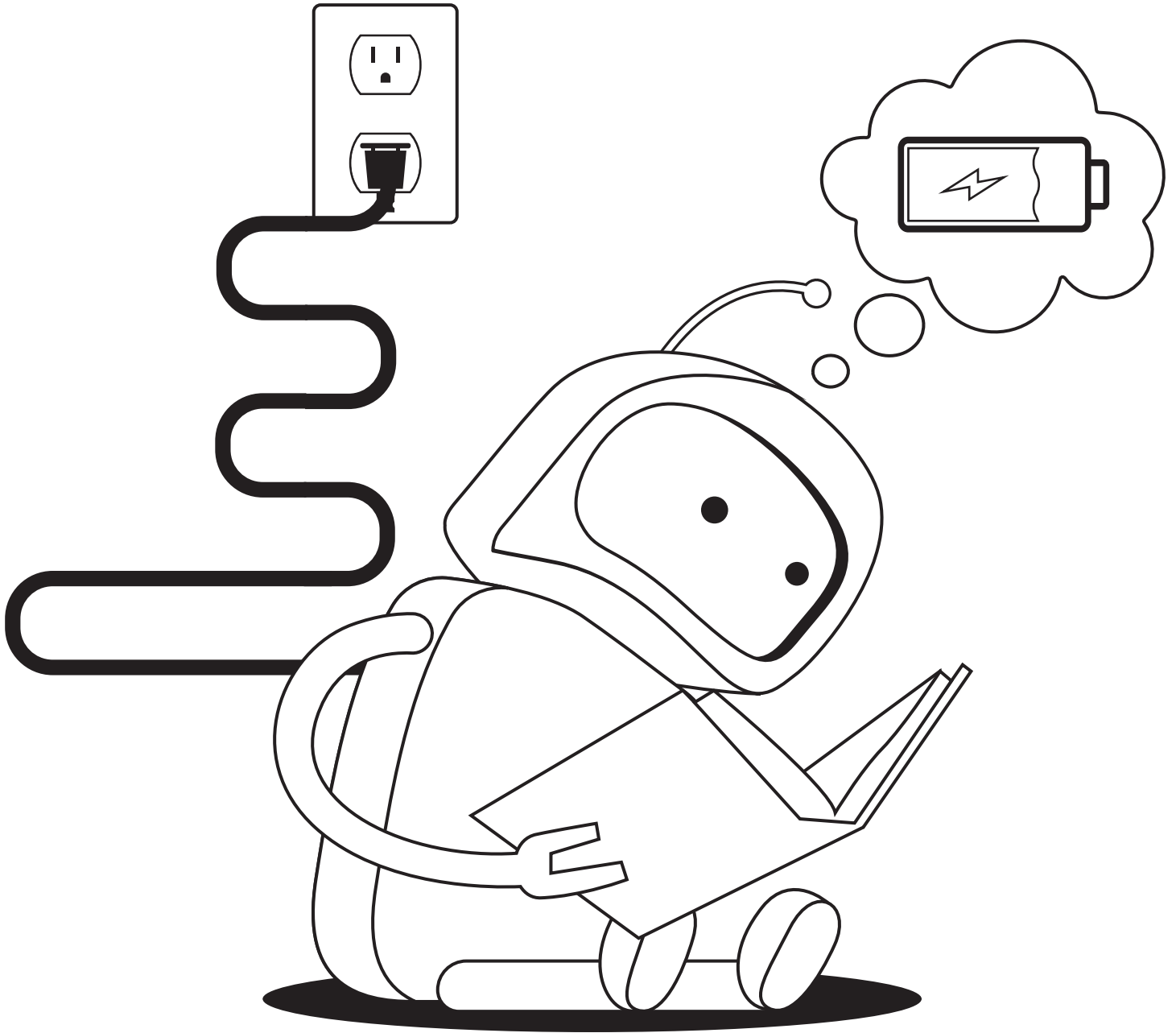
Always There for You



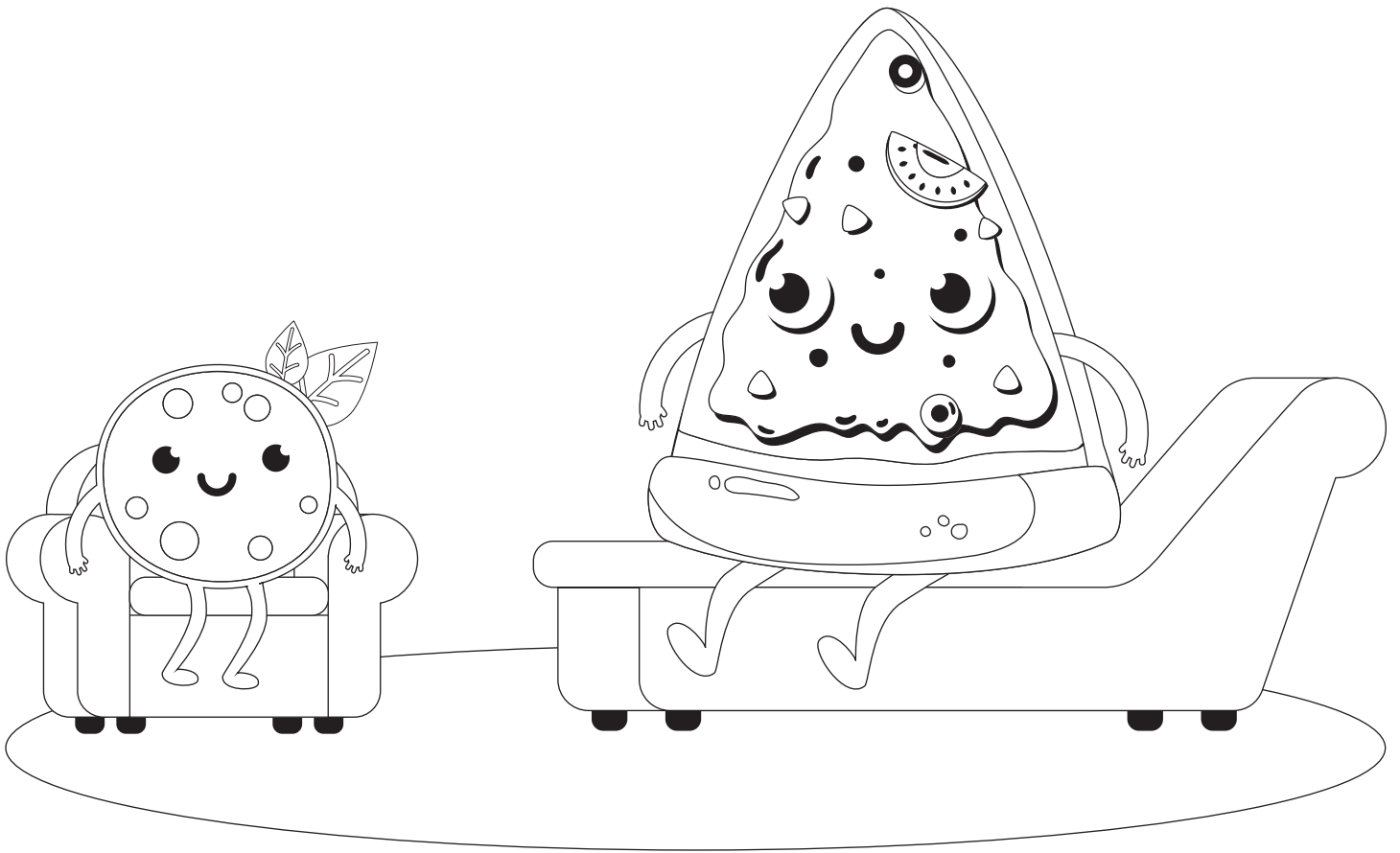


Have a  
#RealConvo  
Over a Cup  
of Coffee

Don't forget to recharge  
your battery!



# In Therapy We Crust



# Be a Bud, Have a #RealConvo

